

Stephanie Lao

ASSOCIATE



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EDUCATION

J.D., with honors 2021
Emory University School of Law

B.S., 2016
Northeastern University

PROFESSIONAL CAREER

2023 – Present
Associate
Trucker Huss
San Francisco, California

2023
Associate
Spierer, Woodward, Corbalis & Goldberg, P.C.,
Redondo Beach, California

2021 – 2023
Attorney
Berman Fink Van Horn P.C.

2015 – 2016
Biogen, Inc.

PROFESSIONAL LICENSES AND AFFILIATIONS

Member, The State Bar of California
Member, The State Bar of New York
Member, The State Bar of Georgia
Member, National Asian Pacific American
Bar Association
Member, Asian Pacific American Bar
Association of Los Angeles
Member, Women Lawyers Association
Los Angeles

Stephanie (“Steph”) counsels clients in all aspects of their employee benefit plans, with a focus on qualified retirement plans and health and welfare plans.

Steph advises on a wide range of benefits issues, including plan design and administration, administrative and fiduciary issues, and benefit claims and appeals. She assists with employee benefit plan regulatory compliance and advises clients on issues related to the ERISA, the Internal Revenue Code, Affordable Care Act, HIPAA, COBRA, and other various federal and state laws applicable to single and multiemployer pension and health and welfare plans.

Prior to joining Trucker Huss, Steph worked as an associate at a law firm where her practice touched on all aspects of corporate formation, including advising on tax issues and SEC regulatory filings. Additionally, she previously worked in Human Resources for an international biotech company focusing on global compensation and benefits. During law school, Steph served on the board of the Latin American Law Students Association and was a member of and coach for Emory Law’s Moot Court Society. She also worked as a research assistant in the subject areas of TORTS and Remedies.

ABOUT TRUCKER HUSS

With more than 30 legal professionals practicing solely in employee benefits law, Trucker Huss is one of the largest employee benefits specialty law firms in the country. Our in-depth knowledge and breadth of experience on all issues confronting employee benefit plans, and their sponsors, fiduciaries and service providers, translate into real-world, practical solutions for our clients.